



The Boys U13 RUSH team, coached by John Palmer and Assistant Coach Anthony Molyneaux, are the Fall 2013 VA Premier League Champions. With a record of 7 wins and 1 loss, the team's offense outscored their opponents 24-5, while the defense had 3 shut-outs and allowed no more than 1 goal to be scored in a game. Congratulations Boys. Well done.