

Well Done VA Rush All District Public High School Players.

[All Tidewater 2013](#)

[All Eastern Region 2013](#)

[All AAA 2013](#)

[All South East District 2013](#)

and

Well Done VARush Players Selected to Girls All-TCIS Teams

Congratulations to all of our Rush players who were selected to the girls All-TCIS Teams.

First-team

Alex Connell, Norfolk Academy, So; Kayla Morrison, Cape Henry, Fr; Virginia Sanford, Norfolk Collegiate, So; Hannah Velloney, Greenbrier Christian, Sr.

Second-team

Bex Velloney, Greenbrier Christian, Fr.